

ZDRAV: healthy vs. sound vs. well

<https://www.merriam-webster.com/dictionary/sound>

healthy, sound, well mean enjoying or indicative of good health.

Healthy implies full strength and vigor as well as freedom from signs of disease. (*a healthy family*)

Sound emphasizes the absence of disease, weakness, or malfunction (*a sound heart*). Free from flaw, defect, or decay (*sound timber*). Stable (*a sound economy*). Free from error, fallacy, or misapprehension (*sound reasoning*). Deep and undisturbed (*a sound sleep*).

Well implies merely freedom from disease or illness (*She has never been a well person.*)