

## INTENZIVEN: intensive vs. intense

<https://jakubmarian.com/intensive-vs-intense-the-difference-explained/>

The difference between “intensive” and “intense” is subtle but important. Dictionary definitions give their most common meanings:

**intensive** = *involving a lot of work or activity done in a short time*

**intense** = *very strong, extreme*

We can see the distinction clearly in the following list of the top 10 most commonly used collocations with the two words:

**intensive:** *intensive care, intensive cultivation, intensive training, intensive work, intensive use, intensive research, intensive agriculture, intensive industries, intensive development*

**intense:** *intense heat, intense interest, intense pain, intense desire, intense anxiety, intense excitement, intense feeling, intense love, intense pressure*

It may be surprising, then, to learn that it is more common to say “**intense activity**” than “**intensive activity**”. How is that possible? *Intense* can also be used when something is strenuous, that is, when it requires a lot of effort. *Intense* refers to how you *feel* about the process; *intensive* refers to the objective characteristics of the process.